

for the Springfield, MA, metropolitan area

Month	Day	Time to Light	Shabbat Ends	Blessing #	Month	Day	Time to Light	Shabbat Ends	Blessing #
SEPT. (2018)	7	6:56 p.m.	7:54 p.m.	1	FEBRUARY	22	5:14 p.m.	6:15 p.m.	1
Rosh Hashana	9	6:52 p.m.		2, 5	MARCH	1	5:22 p.m.	6:23 p.m.	1
Rosh Hashana	10	After 7:51 p.m.	7:49 p.m.	2, 5 *		8	5:30 p.m.	6:31 p.m.	1
	14	6:44 p.m.	7:42 p.m.	1	D.S.T. Begins	15	6:39 p.m.	7:39 p.m.	1
Yom Kippur	18	6:37 p.m.	7:34 p.m.	3, 5		22	6:46 p.m.	7:47 p.m.	1
	21	6:31 p.m.	7:29 p.m.	1		29	6:54 p.m.	7:55 p.m.	1
Sukkot	23	6:28 p.m.		4, 5	APR	5	7:02 p.m.	8:04 p.m.	1
Sukkot	24	After 7:25 p.m.	7:24 p.m.	4, 5 *		12	7:10 p.m.	8:12 p.m.	1
	28	6:19 p.m.	7:17 p.m.	1	Passover	19	7:18 p.m.		4, 5
Shmini Atzeret	30	6:16 p.m.		4, 5	Passover	20	After 8:21 p.m.	8:22 p.m.	4, 5 *
OCT. Sim. Tor.	1	After 7:13 p.m.	7:11 p.m.	4, 5 *	Passover	25	7:24 p.m.		4
	5	6:07 p.m.	7:05 p.m.	1	Passover	26	7:25 p.m.	8:30 p.m.	4 *
	12	5:55 p.m.	6:53 p.m.	1	MAY	3	7:33 p.m.	8:39 p.m.	1
	19	5:44 p.m.	6:43 p.m.	1		10	7:41 p.m.	8:47 p.m.	1
	26	5:34 p.m.	6:33 p.m.	1		17	7:48 p.m.	8:56 p.m.	1
NOVEMBER	2	5:25 p.m.	6:25 p.m.	1		24	7:55 p.m.	9:04 p.m.	1
Standard Time	9	4:17 p.m.	5:17 p.m.	1		31	8:01 p.m.	9:10 p.m.	1
	16	4:10 p.m.	5:12 p.m.	1	JUNE	7	8:06 p.m.		1
	23	4:05 p.m.	5:08 p.m.	1	Shavuot	8	After 9:16 p.m.		4, 5 *
	30	4:02 p.m.	5:05 p.m.	1	Shavuot	9	After 9:17 p.m.	9:17 p.m.	4, 5 *
DECEMBER	7	4:01 p.m.	5:06 p.m.	1		14	8:09 p.m.	9:20 p.m.	1
	14	4:01 p.m.	5:06 p.m.	1		21	8:12 p.m.	9:22 p.m.	1
	21	4:04 p.m.	5:09 p.m.	1		28	8:12 p.m.	9:22 p.m.	1
	28	4:08 p.m.	5:13 p.m.	1	JULY	5	8:11 p.m.	9:20 p.m.	1
JAN. (2019)	4	4:14 p.m.	5:19 p.m.	1		12	8:08 p.m.	9:16 p.m.	1
	11	4:21 p.m.	5:26 p.m.	1		19	8:04 p.m.	9:10 p.m.	1
	18	4:29 p.m.	5:33 p.m.	1		26	7:58 p.m.	9:03 p.m.	1
	25	4:38 p.m.	5:41 p.m.	1	AUGUST	2	7:50 p.m.	8:54 p.m.	1
FEBRUARY	1	4:47 p.m.	5:50 p.m.	1		9	7:41 p.m.	8:44 p.m.	1
	8	4:56 p.m.	5:58 p.m.	1		16	7:32 p.m.	8:33 p.m.	1
	15	5:05 p.m.	6:06 p.m.			23	7:21 p.m.	8:21 p.m.	1
						30	7:10 p.m.	8:09 p.m.	1

**BLESSINGS**

- Shabbat:** Baruch atah A-do-noy Eh-lo-hay-nu melech ha-olam, asher keedeshanu bemeetsvotav vitseevanu lehadleek ner shel Shabbat Kodesh.
- Rosh Hashana:** Baruch atah A-do-noy Eh-lo-hay-nu melech ha-olam, asher keedeshanu bemeetsvotav vitseevanu lehadleek ner shel (on Friday add: Shabbat vishel) Yom Hazeekaron.
- Yom Kippur:** Baruch atah A-do-noy Eh-lo-hay-nu melech ha-olam, asher keedeshanu bemeetsvotav vitseevanu lehadleek ner shel (on Friday add: Shabbat vishel) Yom HaKeepureem.
- Holidays:** Baruch atah A-do-noy Eh-lo-hay-nu melech ha-olam, asher keedeshanu bemeetsvotav vitseevanu lehadleek ner shel (on Friday add: Shabbat vishel) Yom Tov.
- Baruch atah A-do-noy Eh-lo-hay-nu melech ha-olam, shehecheyanu vekeyeymanu vehegeyanu leezman hazeh.

~ Directions ~

- Put money in a charity box before lighting.
- Light the candles at the listed time, which is 18 minutes before sunset.
- Open your palms near the candles, and draw them toward yourself in a circular motion three times.
- Cover your eyes with your hands and recite the blessing (s).
- Candle lighting is an auspicious time for heartfelt prayers to G-d for health, happiness, and other requests.

A project of  
**Chabad Women's Circle**  
 and  
**Beis Medresh Lubavitch**

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**Note:** Candles for Shabbat and Yom Kippur must be lit before sunset. If the candles are not lit before sunset, it is better not to light, because it is forbidden to light candles once Shabbat has started. Candles for holidays, however, may be lit after sunset, so long as it is not Shabbat.

\* A new flame may not be lit on a holiday. Rather, fire is taken from a flame that was lit prior to the start of the holiday, such as a long-burning candle or a pilot light. Fire can then be passed from the new candle as well. When lighting Saturday night, fire is taken from a flame lit prior to the start of Shabbat.